



2021 RX GUIDE

BEHAVIORAL HEALTH

If you or a family member covered under your health plan are living with a behavioral health disorder or mental illness, knowing the cost of medications can help you make a more informed decision when selecting a health plan.

This guide, developed by the District of Columbia Department of Insurance, Securities and Banking, provides an overview of several commonly prescribed drugs used to treat depression, anxiety, attention disorders, and other common behavioral health disorders. The chart on the next page depicts the name of each drug along with the corresponding drug copayment or coinsurance for each insurance carrier offering plans for sale on DC Health Link in fiscal year 2021.

Each insurance carrier uses different language to explain drug cost-sharing. In order to accurately compare costs and benefits, please reference the chart on the next page alongside the Summary of Benefits and Coverage (SBC) for your potential plan to calculate potential out-of-pocket prescription costs.

As a reminder to consumers, as you compare plans, please reference the SBC to see whether cost-sharing on prescription drugs will apply before or after you reach the annual deductible amount.

The Department is committed to ensuring access to behavioral health and substance use disorder treatment, including monitoring for parity in the administration of benefits and medication by health insurance carriers. The Department has resources available to assist consumers with access to behavioral health substance use treatment disorder services, including medications. An online form has been made available for consumers who believe an insurance company is administering behavioral health or substance use disorder benefits in a manner that is not in compliance with District and federal law. The form can be found at disb.dc.gov/file-complaint-or-report-fraud. For additional questions or concerns, please contact the Department's Consumer Services Division at disbcomplaints@dc.gov, fax: 202-354-1085 or call 202-727-8000.

2021 Behavioral Health Rx Review Guide

		Aetna		CareFirst		Kaiser		United Healthcare	
Name (Generic)	Name (Brand)	Restrictions	Copay/ Coinsurance	Restrictions	Copay/ Coinsurance	Restrictions	Copay/ Coinsurance	Restrictions	Copay/ Coinsurance
		Generic/Brand	Generic/Brand	Generic/Brand	Generic/Brand	Generic/Brand	Generic/Brand	Generic/Brand	Generic/Brand ¹
ANTIDEPRESSANTS / SEROTONIN REUPTAKE INHIBITORS (SSRI)									
Fluoxetine	Prozac	NR/NC	\$12-\$15/NC	NR/NC	\$0-\$25/NC	NR/NR	\$5-\$40/\$25-\$100*	NR/NC	\$5-15/NC
Fluoxetine	Sarafem	NR/NC	\$12-\$15/NC	NA/NC	NA/NC	NR/NR	\$5-\$40/\$25-\$100*	NA/NC	NA/NC
Citalopram	Celexa	NR/NC	\$12-\$15/NC	NR/NC	\$0-\$25/NC	NR/NR	\$5-\$40/\$25-\$100*	NR/NC	\$5-15/NC
Sertraline	Zoloft	NR/NC	\$12-\$15/NC	NR/NC	\$0-\$25/NC	NR/NR	\$5-\$40/\$25-\$100*	NR/NC	\$5-15/NC
Paroxetine	Paxil	NR/NC	\$12-\$15/NC	NR/NC	\$0-\$25/NC	NR/NR	\$5-\$40/\$25-\$100*	NR/NR	\$5-15/\$75-150
Escitalopram	Lexapro	NR/NC	\$12-\$15/NC	NR/NC	\$0-\$25/NC	NR/NR	\$5-\$40/\$25-\$100*	NR/NC	\$5-15/NC
ANTIDEPRESSANTS / SEROTONIN AND NOREPINEPHRINE REUPTAKE INHIBITORS (SNRI) AND OTHER									
Venlafaxine	Effexor	NR/NC	\$12-\$15/NC	NR/NC	\$0-\$25/NC	NR/NR	\$5-\$40/\$25-\$100*	NR/NC	\$5-15/NC
Duloxetine	Cymbalta	NR/NC	\$12-\$15/NC	NR/NC	\$0-\$25/NC	NR/NR	\$5-\$40/\$25-\$100*	NR/NC	\$25-50/NC
Bupropion	Wellbutrin / Zyban	NR/NC	\$12-\$15/NC	NR/NC	\$0-\$25/NC	NR/NR	\$5-\$40/\$25-\$100*	NR/NC	\$5-15/NC
Desvenlafaxine	Pristiq	ST/NC	\$95-\$100/NC	PA-ST/NC	\$0-\$25/NC	NR/NR	\$5-\$40/\$25-\$100*	NR/NC	\$25-100/NC
Vortioxetine	Trintellix	NA/PA-ST	NA/\$95-\$100	NA/PA-ST	NA/\$0-100 after ded	NA/NR	NA /\$25-\$100*	NA/ST	NA/\$75-150
ANTI-ANXIETY / BENZODIAZEPINES									
Alprazolam	Xanax	NR/NC	\$12-\$15/NC	NR/NC	\$0-\$25/NC	NR/NR	\$5-\$40/\$25-\$100*	NR/NC	\$5-15/NC
Lorazepam	Ativan	NR/NC	\$12-\$15/NC	NR/NC	\$0-\$25/NC	NR/NR	\$5-\$40/\$25-\$100*	NR/NC	\$5-15/NC
Buspirone	Buspar	NR/NC	\$12-\$15/NC	NR/NC	\$0-\$25/NC	NR/NC	\$5-\$40*/NC	NR/NC	\$5-15/NC
ADHD TREATMENTS									
Methylphenidate	Aptensio	NA/NC	NA/NC	NA/NC	NA/NC	NA/NR	\$5-\$40/\$15-\$75*	NA/NC	NA/NC
	Concerta	NR/NC	\$12-\$15/NC	NR/NC	\$0-\$25/NC	NR/NR	\$5-\$40/\$25-\$100*	NC/PA	NC/\$40-45
	Daytrana	NA/NC	NA/NC	NA/NC	NA/NC	NA/NR	NA/\$25-\$100*	NA/NC	NA/NC
	Metadate CD	NR/NC	\$95-\$100/NC	NR/NC	\$0-\$25/NC	NR/NC	\$5-\$40/\$NC	PA/NC	\$25-45/NC
	Metadate ER	NR/NC	\$12-\$15/NC	NR/NC	\$0-\$25/NC	NR/NR	\$5-\$40/\$5-\$40*	PA/PA	\$75/\$75
	Methylin	NR/NC	\$95-\$100/NC	NR/NC	\$0-\$25/NC	NR/NR	\$5-\$40/\$25-\$100*	PA/NC	\$75/NC
Amphetamine	Ritalin	NR/NC	\$12-\$15/NC	NR/NC	\$0-\$25/NC	NR/NR	\$5-\$40/\$25-\$100*	PA/PA	\$5-15/\$75
	Adderall	NR/NC	\$12-\$15/NC	NR/NC	\$0-\$25/NC	NR/NR	\$5-\$40/\$25-\$100*	PA/NC	\$5-15/NC
Dextroamphetamine	Dexedrine	NR/NC	\$95-\$100/NC	NR/NC	\$0-\$25/NC	NR/NR	\$5-\$40/\$25-\$100*	PA/PA	\$75/NC
	Zenzedi	NR/NR	\$95-100/\$95-100	NR/NC	\$0-\$25/NC	NR/NR	\$5-\$40/\$25-\$100*	PA/NC	\$75/NC
Lisdexamfetamine	Vyvanse (capsule)	NA/ST	NA/\$95-\$100	NA/NR	NA/\$0-75 after ded.	NA/NR	NA/\$25-\$100*	NA/PA	NA/\$75
Dexmethylphenidate	Focalin	NR/NC	\$12-\$15/NC	NR/NC	\$0-\$25/NC	NR/NR	\$5-\$40/\$25-\$100*	PA/PA	\$5-15/\$75
Methamphetamine	Desoxyn	NR/NC	\$95-\$100/NC	NR/NC	\$0-\$25/NC	NR/NR	\$5-\$40/\$25-\$100*	PA/PA	\$5-15/\$75
Atomoxetine	Strattera	NR/NC	\$12-\$15/NC	NR/NC	\$0-\$25/NC	NR/NR	\$5-\$40/\$25-\$100*	NR/NC	\$75/NC
Guanfacine	Intuniv	ST/NC	\$95-\$100/NC	PA-ST/NC	\$0-\$25/NC	NR/NR	\$5-\$40/\$25-\$100*	NR/NC	\$25-45/NC
ANTIPSYCHOTICS									
Risperidone	Risperdal	NR/NC	\$12-\$15/NC	NR/NC	\$0-\$25/NC	NR/NR	\$5-\$40/\$25-\$100*	NR/NC	\$5-15/NC
Olanzapine	Zyprexa	NR/NC	\$12-\$15/NC	NR/NC	\$0-\$25/NC	NR/NR	\$5-\$40/\$25-\$100*	NR/NC	\$5-15/NC
Ziprasidone	Geodon	NR/NC	\$12-\$15/NC	NR/NC	\$0-\$25/NC	NR/NR	\$5-\$40/\$25-\$100*	NR/NC	\$25-50/NC
Aripiprazole	Abilify	NR/NC	\$12-\$15/NC	NR/NC	\$0-\$25/NC	NR/NR	\$5-\$40/\$25-\$100*	NR/NC	\$25-50/NC
Asenapine	Saphris	NA/ST	NA/\$95-\$100	NA/PA-ST	NA/\$0-100 after ded	NA/NR	NA/\$25-\$100*	NA/NR	NA/\$75-100
Brexipiprazole	Rexulti	NA/ST	NA/\$95-\$100	NA/PA-ST	NA/\$0-100 after ded	NA/NR	NA/\$100-\$150*	NA/PA-ST	NA/\$75-150
Cariprazine	Vraylar	NA/NC	NA/NC	NA/PA-ST	NA/\$0-100 after ded	NA/NR	NA/\$25-\$100*	NA/ST	NA/\$75-150
Clozapine	Clozaril	NR/NC	\$12-\$15/NC	NR/NC	\$0-\$25/NC	NR/NR	\$5-\$40/\$25-\$100*	NR/NR	\$5-15/\$75-150
	Fazaclo	NR/NC	\$12-\$15/NC	NR/NC	\$0-\$25/NC	NR/NR	\$5-\$40/\$25-\$100*	NR/NR	\$5-15/\$75-150
	Veracloz	NA/NC	NA/NC	NA/NC	NA/NC	NA/NR	NA/\$25-\$100*	NA/NC	NA/NC
Iloperidone	Fanapt	NA/NC	NA/NC	NA/NC	NA/NC	NA/NR	NA/\$25-\$100*	NA/NR	NA/\$75-150
Quetiapine	Seroquel	NR/NC	\$12-\$15/NC	NR/NC	\$0-\$25/NC	NR/NR	\$5-\$40/\$25-\$100*	NR/NC	\$5-15/NC
Paliperidone	Invega	NR/NC	\$95-\$100/NC	NR/NC	\$0-\$25/NC	NR/NR	\$5-\$40/\$25-\$100*	NR/NC	\$75/NC
Lurasidone	Latuda	NA/PA	NA/\$95-\$100	NA/NR	NA/\$0-75 after ded	NA/NR	NA/\$25-\$100*	NA/NR	NA/\$75-150
MOOD STABILIZERS AND ANTICONVULSANTS									
Lithium	Lithobid / Eskalith	NR/NC	\$12-\$15/NC	NR/NC	\$0-\$25/NC	NR/NR	\$5-\$40/\$15-\$100*	NR/NR	\$5-15/\$75-150
Carbamazepine	Tegretol (chewable)	NR/NC	\$12-\$15/NC	NR/NC	\$0-\$25/NC	NR/NR	\$5-\$40/\$25-\$100*	NR/NC	\$5-15/NC
	Equetro	NA/NC	NA/NC	NA/NC	NA/NC	NA/NR	NA/\$25-\$100*	NA/NR	NC/\$75-100
Lamotrigine	Lamictal	NR/NC	\$12-\$15/NC	NR/NC	\$0-\$25/NC	NR/NR	\$5-\$40/\$25-\$100*	NA/PA-ST	\$5-15/\$75-150
Oxcarbazepine	Trileptal	NR/NC	\$12-\$15/NC	NR/NC	\$0-\$25/NC	NR/NR	\$5-\$40/\$25-\$100*	NA/PA-ST	NA/\$75-150

Note: Formularies are subject to change during the plan year. Please contact your insurance company for the most up to date information.

KEY	
PA	Pre-Authorization
ST	Step Therapy
Ded	Deductible
NA	Not Available
NC	Not Covered
NR	No Restrictions

*The cost share for this drug could be a copayment or coinsurance depending on the plan. Generic coinsurance ranges between 0%-20%. Brand name coinsurance ranges between 0%-50%.

¹ The cost share for this drug could be a copayment or coinsurance depending on the plan. Generic coinsurance ranges from 20% - 30%. Brand name coinsurance ranges between 20%-50%.